

Stations of the Cross

Opening Devotions

In the Name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

V. We will glory in the cross of our Lord Jesus Christ:

R. *In whom is our salvation, our life and resurrection.*

Let us pray. (*Silence*)

Assist us mercifully with your help, O Lord God of our salvation,
that we may enter with joy upon the contemplation of those mighty acts,
whereby you have given us life and immortality;
through Jesus Christ our Lord. *Amen.*

First Station

Jesus is condemned to death

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

As soon as it was morning, the chief priests,
with the elders and scribes, and the whole council,
held a consultation; and they bound Jesus and led him away
and delivered him to Pilate.

And they all condemned him and said, "He deserves to die."

When Pilate heard these words, he brought Jesus out
and sat down on the judgment seat

at a place called the Pavement, but in the Hebrew, Gabbatha.

Then he handed Jesus over to them to be crucified.



V. God did not spare his own Son:

R. *But delivered him up for us all.*

Let us pray. *(Silence)*

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified:

Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Do you find it difficult to accept that Jesus is a Messiah who must suffer and die? Have you experienced insult, slander or words that have condemned you?

Second Station

Jesus takes up his Cross

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Jesus went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew, Golgotha.

Although he was a Son, he learned obedience through what he suffered. Like a lamb he was led to the slaughter; and like a sheep that before its shearers is mute, so he opened not his mouth. Worthy is the Lamb who was slain, to receive power and riches and wisdom and strength and honor and glory and blessing.



V. The Lord has laid on him the iniquity of us all:

R. *For the transgression of my people was he stricken.*

Let us pray. *(Silence)*

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption:

Give us courage to take up our cross and follow him; who lives and reigns for ever and ever. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Do you find it difficult to accept that Jesus' disciples must also travel this road?
What is happening in your life at the moment that involves carrying the cross?

Third Station

Jesus falls the first time

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

Christ Jesus, though he was in the form of God,
did not count equality with God a thing to be grasped;
but emptied himself, taking the form of a servant, and was born
in human likeness.

And being found in human form he humbled himself
and became obedient unto death, even death on a cross.
Therefore God has highly exalted him, and bestowed on him
the name which is above every name.

Come, let us bow down, and bend the knee, and kneel before the Lord our Maker,
for he is the Lord our God.

V. Surely he has borne our griefs:

R. *And carried our sorrows.*

Let us pray. *(Silence)*

O God, you know us to be set in the midst of so many and great dangers,
that by reason of the frailty of our nature we cannot always stand upright:
Grant us such strength and protection as may support us in all dangers,
and carry us through all temptations;
through Jesus Christ our Lord. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One
Have mercy upon us.

Reflection:

How does this experience of Jesus make you feel?

Can you recall times that you have fallen because of the weight of sin and/or burdens of life?



Fourth Station

Jesus meets his afflicted mother

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

To what can I liken you, to what can I compare you, O daughter of Jerusalem? What likeness can I use to comfort you, O virgin daughter of Zion? For vast as the sea is your ruin. Blessed are those who mourn, for they shall be comforted. The Lord will be your everlasting light, and your days of mourning shall be ended.

V. A sword will pierce your own soul also:
R. *And fill your heart with bitter pain.*

Let us pray. *(Silence)*

O God, who willed that in the passion of your Son a sword of grief should pierce the soul of the Blessed Virgin Mary his mother: Mercifully grant that your Church, having shared with her in his passion, may be made worthy to share in the joys of his resurrection; who lives and reigns for ever and ever. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Can you identify with the pain of Jesus mother?
Do you have a person in your life that provide you care, nurturing and love?

Fifth Station

The Cross is laid on Simon of Cyrene

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

As they led Jesus away, they came upon a man of Cyrene, Simon by name, who was coming in from the country, and laid on him the cross to carry it behind Jesus.

“If anyone would come after me,
let him deny himself and take up his cross and follow me.
Take my yoke upon you, and learn from me; for my yoke is easy, and my burden is light.”



V. Whoever does not bear his own cross and come after me:

R. *Cannot be my disciple.*

Let us pray. *(Silence)*

Heavenly Father, whose blessed Son came not to be served but to serve:
Bless all who, following in his steps, give themselves to the service of others;
that with wisdom, patience, and courage,
they may minister in his Name to the suffering, the friendless, and the needy;
for the love of him who laid down his life for us,
your Son our Savior Jesus Christ. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Have you found yourself unexpectedly helping another person and treating them with kindness?

Have you experienced the unexpected kindness of another person; possibly someone you do not know?

Sixth Station

A woman wipes the face of Jesus

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

We have seen him without beauty or majesty, with no looks to attract our eyes. He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces, he was despised, and we esteemed him not. His appearance was so marred, beyond human semblance, and his form beyond that of the children of men.

But he was wounded for our transgressions,
he was bruised for our iniquities;
upon him was the chastisement that made us whole, and with his stripes we are healed.

V. Restore us, O Lord God of hosts:

R. *Show the light of your countenance, and we shall be saved.*



Let us pray. *(Silence)*

O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain:
Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Have you been brave enough to stand up for someone who is being attacked, abused or persecuted? How have you shown comfort and care to someone who is hurting?

Seventh Station

Jesus falls a second time

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

Surely he has borne our griefs and carried our sorrows.
All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.
He was oppressed, and he was afflicted,
yet he opened not his mouth.
For the transgression of my people was he stricken.



V. But as for me, I am a worm and no man:
R. *Scorned by all and despised by the people.*

Let us pray. *(Silence)*

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility:
Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; who lives and reigns for ever and ever. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

What burdens on this life's journey is burdening you?

Do you have the support of friend, partner or family member who can lift you up in times of difficulty?

Eighth Station

Jesus meets the women of Jerusalem

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

There followed after Jesus a great multitude of the people, and among them were women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children."

V. Those who sowed with tears:

R. *Will reap with songs of joy.*

Let us pray. *(Silence)*

Teach your Church, O Lord, to mourn the sins of which it is guilty, and to repent and forsake them; that, by your pardoning grace, the results of our iniquities may not be visited upon our children and our children's children; through Jesus Christ our Lord. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Have you ever known suffering people who had the vision to see the suffering in other people?

Have you ever found yourself caring for another in this way?

Ninth Station

Jesus falls a third time

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

I am the man who has seen affliction under the rod of his wrath; he has driven and brought me into darkness without any light. He has besieged me and enveloped me with bitterness and tribulation; he has made me dwell in darkness like the dead of long ago.



Though I call and cry for help, he shuts out my prayer.
He has made my teeth grind on gravel, and made me cower in ashes.
“Remember, O Lord, my affliction and bitterness, the wormwood and the gall!”

V. He was led like a lamb to the slaughter:
R. *And like a sheep that before its shearers is mute, so he opened not his mouth.*

Let us pray. *(Silence)*

O God, by the passion of your blessed Son
you made an instrument of shameful death to be for us the means of life:
Grant us so to glory in the cross of Christ,
that we may gladly suffer shame and loss for the sake of your Son
our Savior Jesus Christ. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Life can be heavy – could this be your story?

Tenth Station

Jesus is stripped of his garments

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

When they came to a place called Golgotha
(which means the place of a skull), they offered him wine to drink,
mingled with gall; but when he tasted it, he would not drink it.
And they divided his garments among them by casting lots.
This was to fulfill the scripture which says, “They divided
my garments among them; they cast lots for my clothing.”

V. They gave me gall to eat:
R. *And when I was thirsty they gave me vinegar to drink.*

Let us pray. *(Silence)*

Lord God, whose blessed Son our Savior
gave his body to be whipped and his face to be spit upon:
Give us grace to accept joyfully the sufferings of the present time,
confident of the glory that shall be revealed;
through Jesus Christ our Lord. *Amen.*



Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Do you know anyone who has experienced this kind of insulting treatment?
Have you been stripped of your dignity by another person?

Eleventh Station

Jesus is nailed to the Cross

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

When they came to the place which is called The Skull,
there they crucified him;
and with him they crucified two criminals,
one on the right, the other on the left, and Jesus between them.
And the scripture was fulfilled which says,
“He was numbered with the transgressors.”

V. They pierce my hands and my feet:
R. *They stare and gloat over me.*

Let us pray. *(Silence)*

Lord Jesus Christ,
you stretched out your arms of love on the hard wood of the cross
that everyone might come within the reach of your saving embrace:
So clothe us in your Spirit that we, reaching forth our hands in love,
may bring those who do not know you to the knowledge and love of you;
for the honor of your Name. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

What would you say to someone who treated you in this way?
Can you identify anyone who has been tortured in this way?



Twelfth Station

Jesus dies on the Cross

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

When Jesus saw his mother,
and the disciple whom he loved standing near,
he said to his mother, "Woman, behold your son!"
Then he said to the disciple, "Behold your mother!"
And when Jesus had received the vinegar, he said, "It is finished!"
And then, crying with a loud voice, he said,
"Father, into your hands I commend my spirit."
And he bowed his head, and handed over his spirit.



V. Christ for us became obedient unto death:
R. *Even death on a cross.*

Let us pray. *(Silence)*

O God,
who for our redemption gave your only-begotten Son to the death of the cross,
and by his glorious resurrection delivered us from the power of our enemy:
Grant us so to die daily to sin,
that we may evermore live with him in the joy of his resurrection;
who lives and reigns now and for ever. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

How have you prepared for your own death?
What is your attitude or belief about death?

Thirteenth Station

The body of Jesus is placed in the arms of his mother

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

All you who pass by, behold and see if there is any sorrow
like my sorrow. My eyes are spent with weeping;
my soul is in tumult; my heart is poured out in grief
because of the downfall of my people.

“Do not call me Naomi (which means Pleasant),
call me Mara (which means Bitter);
for the Almighty has dealt very bitterly with me.”

V. Her tears run down her cheeks:
R. *And she has none to comfort her.*

Let us pray. (*Silence*)

Lord Jesus Christ, by your death you took away the sting of death:
Grant to us your servants so to follow in faith where you have led the way,
that we may at length fall asleep peacefully in you and wake up in your likeness;
for your tender mercies' sake. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Can you place yourself in Mary's position? How have you grieved the loss of a love one?

Fourteenth Station

Jesus is laid in the tomb

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

When it was evening, there came a rich man from Arimathea,
named Joseph, who also was a disciple of Jesus.
He went to Pilate and asked for the body of Jesus.
Then Pilate ordered it to be given to him.
And Joseph took the body, and wrapped it in a clean linen shroud,
and laid it in his own new tomb, which he had hewn in the rock;
and he rolled a great stone to the door of the tomb.



V. You will not abandon me to the grave:

R. Nor let your holy One see corruption.

Let us pray. (Silence)

O God, your blessed Son was laid in a tomb in a garden, and rested on the Sabbath day: Grant that we who have been buried with him in the waters of baptism may find our perfect rest in his eternal and glorious kingdom; where he lives and reigns for ever and ever. *Amen.*

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

Reflection:

Is death the end of everything? Is it the end of all you hope for as well?

Or is it true what Christians believe, that God raised Jesus from the dead and that he is still with us?

Because if that is true, then all the suffering and all the world's pain finds its answer in the power of God's love.

Is it true?

Concluding Prayers

Savior of the world, by your cross and precious blood you have redeemed us:
Save us, and help us, we humbly beseech you, O Lord.

Let us pray. (*Silence*)

We thank you, heavenly Father,
that you have delivered us from the dominion of sin and death
and brought us into the kingdom of your Son;
and we pray that, as by his death he has recalled us to life,
so by his love he may raise us to eternal joys;
who lives and reigns with you, in the unity of the Holy Spirit,
one God, now and for ever. *Amen.*

To Christ our Lord who loves us, and washed us in his own blood,
and made us a kingdom of priests to serve his God and Father,
to him be glory and dominion for ever and ever. *Amen.*

All accompanying artwork was painted by the students of St. John's Episcopal School.