

**Welcome to**  
**St. John's Episcopal Church**  
**Chula Vista, CA**

**The First Sunday of Lent**

**February 21, 2021**  
**9:00 am**

Livestreamed worship service

*No matter who you are or where you are on your spiritual journey,  
you are welcome here*



## Prelude

### The Great Litany

O God the Father, Creator of heaven and earth,  
***Have mercy upon us.***

O God the Son, Redeemer of the world,  
***Have mercy upon us.***

O God the Holy Ghost, Sanctifier of the faithful,  
***Have mercy upon us.***

O holy, blessed, and glorious Trinity, one God,  
***Have mercy upon us.***

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins.

Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.

***Spare us, good Lord.***

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

***Good Lord, deliver us.***

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

***Good Lord, deliver us.***

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

***Good Lord, deliver us.***

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

***Good Lord, deliver us.***

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

***Good Lord, deliver us.***

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

***Good Lord, deliver us.***

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

***Good Lord, deliver us.***

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial;  
by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

***Good Lord, deliver us.***

In all time of our tribulation; in all time of our prosperity; in the hour of death,  
and in the day of judgment,

***Good Lord, deliver us.***

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and  
govern thy holy Church Universal in the right way,

***We beseech thee to hear us, good Lord.***

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge  
and understanding of thy Word; and that both by their preaching and living,  
they may set it forth, and show it accordingly,

***We beseech thee to hear us, good Lord.***

That it may please thee to bless and keep all thy people,

***We beseech thee to hear us, good Lord.***

That it may please thee to send forth laborers into thy harvest,  
and to draw all mankind into thy kingdom,

***We beseech thee to hear us, good Lord.***

That it may please thee to give to all people increase of grace to hear and receive thy Word,  
and to bring forth the fruits of the Spirit,

***We beseech thee to hear us, good Lord.***

That it may please thee to bring into the way of truth all such  
as have erred, and are deceived,

***We beseech thee to hear us, good Lord.***

That it may please thee to give us a heart to love and fear thee,  
and diligently to live after thy commandments,

***We beseech thee to hear us, good Lord.***

That it may please thee so to rule the hearts of thy servants, the President of the United States  
and all others in authority, that they may do justice, and love mercy,  
and walk in the ways of truth,

***We beseech thee to hear us, good Lord.***

That it may please thee to make wars to cease in all the world;  
to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

***We beseech thee to hear us, good Lord.***

That it may please thee to show thy pity upon all prisoners and captives,  
the homeless and the hungry, and all who are desolate and oppressed,

***We beseech thee to hear us, good Lord.***

That it may please thee to give and preserve to our use the bountiful fruits of the earth,  
so that in due time all may enjoy them,

***We beseech thee to hear us, good Lord.***

That It may please thee to inspire us, in our several callings, to do the work which thou givest  
us to do with singleness of heart as thy servants, and for the common good,

***We beseech thee to hear us, good Lord.***

That it may please thee to preserve all who are in danger  
by reason of their labor or their travel,

***We beseech thee to hear us, good Lord.***

That it may please thee to preserve, and provide for, all women in childbirth, young children  
and orphans, the widowed, and all whose homes are broken or torn by strife,

***We beseech thee to hear us, good Lord.***

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and  
spirit; and to comfort with thy presence those who are failing and infirm,

***We beseech thee to hear us, good Lord.***

That it may please thee to support, help, and comfort all who are in danger,  
necessity, and tribulation,

***We beseech thee to hear us, good Lord.***

That it may please thee to have mercy upon all mankind,

***We beseech thee to hear us, good Lord.***

That it may please thee to give us true repentance; to forgive us all our sins, negligences,  
and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives  
according to thy holy Word,

***We beseech thee to hear us, good Lord.***

That it may please thee to forgive our enemies, persecutors, and slanderers,  
and to turn their hearts,

***We beseech thee to hear us, good Lord.***

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted;  
to raise up those who fall; and finally, to beat down Satan under our feet,

***We beseech thee to hear us, good Lord.***

That it may please thee to grant to all the faithful departed eternal life and peace,

***We beseech thee to hear us, good Lord.***

That it may please thee to grant that, in the fellowship of St. John and all the saints,  
we may attain to thy heavenly kingdom,

***We beseech thee to hear us, good Lord.***

Son of God, we beseech thee to hear us.

***Son of God, we beseech thee to hear us.***

O Lamb of God, that takest away the sins of the world,  
***Have mercy upon us.***

O Lamb of God, that takest away the sins of the world,  
***Have mercy upon us.***

O Lamb of God, that takest away the sins of the world,  
***Grant us thy peace.***

O Christ, hear us.  
***O Christ, hear us.***

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

### Salutation

*Presider* Bless the Lord who forgives all our sins.

*People* ***His mercy endures for ever.***

### The Collect of the Day

*Presider* The Lord be with you.

*People* ***And also with you.***

*Presider* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

## The Lessons

### A Reading from the Book of Genesis

Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

The Word of the Lord.

***Thanks be to God.***

### Psalm 25:1-9

*Ad te, Domine, levavi*

To you, O Lord, I lift up my soul;  
my God, I put my trust in you;

***let me not be humiliated,  
nor let my enemies triumph over me.***

Let none who look to you be put to shame;

***let the treacherous be disappointed in their schemes.***

Show me your ways, O Lord,

***and teach me your paths.***

Lead me in your truth and teach me,

***for you are the God of my salvation;  
in you have I trusted all the day long.***

Remember, O Lord, your compassion and love,

***for they are from everlasting.***

Remember not the sins of my youth and my transgressions;

***remember me according to your love  
and for the sake of your goodness, O Lord.***

Gracious and upright is the Lord;

***therefore he teaches sinners in his way.***

He guides the humble in doing right  
**and teaches his way to the lowly.**

All the paths of the Lord are love and faithfulness  
**to those who keep his covenant and his testimonies.**

### A Reading from the First Letter of Peter

1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.

**Thanks be to God.**

### Gradual

### Thy Word

Thy word is a lamp unto my feet and a light un-to my path  
Thou art my strength and my defense and I put my trust in thy word.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line of text. The lyrics are written below the notes.

### The Gospel

Mark 1:9-15

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to Mark

*People* **Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## Sermon

### The Nicene Creed

*We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

### Prayers of the People

I ask your prayers for God's people throughout the world; for our Bishop Susan; for the parish of St. John's; and for all ministers and people.

Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

*Silence*



I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.  
Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of him.  
Pray that they may find and be found by him.

*Silence*

I ask your prayers for the departed, especially \_\_\_\_\_.  
Pray for those who have died.

*Silence*

I ask your prayers for those in every generation in whom Christ has been honored.  
Pray that we may have grace to glorify Christ in our own day.

*Silence*

I ask your prayer for those serving in the armed forces, first responders, medical professionals,  
essential workers and their families

***Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders, medical professionals, essential workers and their families. Defend them day by day with your heavenly grace; strengthen them in their trials and challenges; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.***

*Presider* Almighty God, to whom our needs are known before we ask, help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. ***Amen.***

## **The Peace**

*Presider* The peace of the Lord be always with you.

*People* ***And also with you.***

*Greet one another in the Name of Christ, or name those whom you hold dear in your heart*

## **Birthday and Anniversary Prayer**

## **The Offertory**

I appeal to you by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

*You may offer your gift by mail or stop by the parish office,  
Or online by using the "Give Now" button on our St. John's website: [www.saint-johns.org](http://www.saint-johns.org)*

## Offertory Anthem

### The General Thanksgiving

*Presider*            The Lord be with you.

*People*             ***And also with you.***

*Presider*            Let us pray.

Accept, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.

We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side.

We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us.

We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone.

Above all, we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom.

Grant us the gift of your Spirit, that we may know Christ and make him known; and through him, at all times and in all places, may give thanks to you in all things.    ***Amen.***

### Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

***Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done on earth as it is in heaven.***

***Give us this day our daily bread.***

***And forgive us our trespasses as we forgive those who trespass against us.***

***And lead us not into temptation, but deliver us from evil.***

***For thine is the kingdom, and the power,  
and the glory, for ever and ever.    Amen.***

### Spiritual Communion

*Spiritual Communion is an ancient practice of the church. It is our desire to receive Jesus in the Sacrament of Holy Communion, so even though we may not receive the presence of Christ physically, we may receive Christ spiritually. The Church offers us a prayer for Spiritual communion. Let us pray together:*

***Blessed Jesus, I believe that we are fed with the spiritual food of your Body and Blood. Since I cannot receive You sacramentally today, I now desire to receive you into my soul. Unite my heart with those of my community gathered to offer the sacrifice of thanksgiving and make us all one with you. May this spiritual communion strengthen my faith and grant me confidence in your loving care now and forever. Amen.***

### **Closing Collect**

Let us pray

Lord, protect us in our struggle against evil. Let the light of your truth bestow sight in the darkness of sinful eyes. May this season of repentance bring us the blessing of your forgiveness and the gift of your light.

We ask this through Christ our Lord. ***Amen***

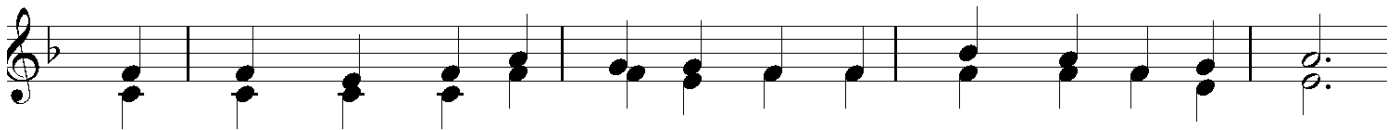
### **The Blessing**

*Presider* Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; And the blessing of God Almighty, the Father, the Son and the Holy Spirit, be upon you, and remain with you always. ***Amen.***

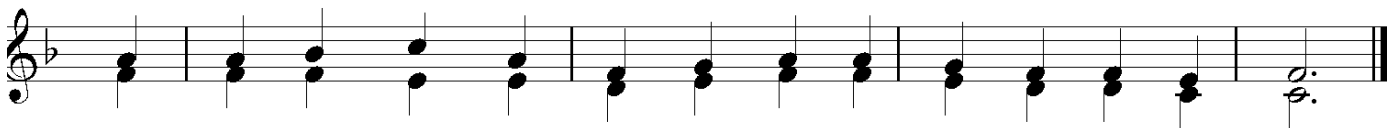
### **Closing Hymn**

*Lord, Who Throughout These Forty Days*

Hymnal 142



1 Lord, who through-out these for - ty days for us didst fast and pray,  
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,  
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,  
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,  
 5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.  
 2 O give us strength in thee to fight, in thee to con - quer sin.  
 3 to die to self, and chief - ly live by thy most ho - ly word.  
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

### **The Dismissal**

*Presider* Go in peace to love and serve the Lord.

*People* ***Thanks be to God.***

## **Liturgical Ministers**

<b>Presider</b>	Rev. Roger Haenke
<b>Reader/Prayers</b>	Marjorie Moore
<b>Psalmist/Vocalists</b>	Jeff Bates, Jane Ferguson
<b>Gospeller and Spiritual Communion</b>	Rev. Cathey Dowdle
<b>Organist</b>	Cheryl Seppala
<b>Video/Livestream</b>	Cliff Berkowitz

## **St. John's Mission Statement**

St. John's is a Christian community that intentionally gathers to experience God's love through Episcopal worship, education, fellowship, and ministry to the wider community.

## **St. John's Prayer Lists**

*Today and every day include some time for prayer, for yourself,  
for your church family, and for those in need.*

### **For Our Military**

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield, Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield, Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner, Matt Hernandez, Daniel Getreu, Jocelyn Hernandez, Devon Strunk, Taylor Harrold, Jorge Zuazua, Katherine Milam, Sebastian Morales, Richie Lebron and Roberto Johnson.

### **For Strength in Time of Need**

Scott Hunter, Betty Robertson, Steve Magill, Gary & Shirley McCarren, Priscilla Szymanski, Hugh Strachwitz, Cyd & Paige, Andrew & Jillian, Don Budde, and Freddie & Andrea Cletus.

For the repose of the souls of Dorothy Zirkle, Rev. Ben Bachmeier, and Barbara Glenski.  
May light perpetual shine on them.

*(Names are kept on the Prayers List for 4 weeks and should be submitted by Wednesday.  
If you wish to add a name, please email Maria Love at: [maria@saint-johns.org](mailto:maria@saint-johns.org).)*

### **We Are Available in Your Time of Need**

If you have a pastoral emergency when the parish offices are closed,  
please call Rev. Roger at 619-301-0724 or email [revroger@saint-johns.org](mailto:revroger@saint-johns.org)

### **St. John's Clergy**

The Rev. Roger Haenke, *Rector*  
The Rev. Cathey Dowdle, *Pastoral Assistant*

### **St. John's Vestry**

David Dennehy, *Senior Warden*  
(619) 840-9994  
masterfrog@att.net  
Terry Farrelly, *Treasurer*  
Diane Gustafson, *Clerk*  
Pamela Brittain  
Tom Brzeczek  
Ray Contreras  
Jane Ferguson  
Muriel Kulikowski  
Alejandra Valdez-Ber  
Lynn Young

### **St. John's Episcopal Church**

760 First Avenue Chula Vista, CA 91910-6012  
(619) 422-4141

Email: [maria@saint-johns.org](mailto:maria@saint-johns.org)

[www.saint-johns.org](http://www.saint-johns.org)