

**Welcome to**  
**St. John's Episcopal Church**  
Chula Vista, CA

**Ash Wednesday**

**February 22, 2023**  
**12:00 noon and 7:00 pm**



***No matter who you are or where you are on your spiritual journey,  
you are welcome here!***

## Salutation

*Presider* Bless the Lord who forgives all our sins.

*People* ***His mercy endures for ever.***

## The Collect of the Day

*Presider* The Lord be with you.

*People* ***And also with you.***

*Presider* Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

## The Lessons

### A Reading from the Book of the Prophet Joel

Joel 2:1-2, 12-17

Blow the trumpet in Zion; sound the alarm on my holy mountain!

Let all the inhabitants of the land tremble, for the day of the LORD is coming, it is near--  
a day of darkness and gloom, a day of clouds and thick darkness!

Like blackness spread upon the mountains a great and powerful army comes;

their like has never been from of old, nor will be again after them in ages to come.

Yet even now, says the LORD, return to me with all your heart,

with fasting, with weeping, and with mourning;

rend your hearts and not your clothing.

Return to the LORD, your God, for he is gracious and merciful,

slow to anger, and abounding in steadfast love, and relents from punishing.

Who knows whether he will not turn and relent, and leave a blessing behind him,

a grain offering and a drink offering for the LORD, your God?

Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people.

Sanctify the congregation; assemble the aged;

gather the children, even infants at the breast.

Let the bridegroom leave his room, and the bride her canopy.

Between the vestibule and the altar let the priests, the ministers of the LORD, weep.

Let them say, "Spare your people, O LORD,

and do not make your heritage a mockery, a byword among the nations.

Why should it be said among the peoples, "Where is their God?"

The Word of the Lord.

***Thanks be to God***

**Psalm 103:8-14**

*Benedic, anima mea*

*The LORD is full of compassion and mercy,  
slow to anger and of great kindness.*

*He will not always accuse us,  
nor will he keep his anger for ever.*

*He has not dealt with us according to our sins,  
nor rewarded us according to our wickedness.*

*For as the heavens are high above the earth,  
so is his mercy great upon those who fear him.*

*As far as the east is from the west,  
so far has he removed our sins from us.*

*As a father cares for his children,  
so does the LORD care for those who fear him.*

*For he himself knows whereof we are made;  
he remembers that we are but dust.*

**A Reading from the Second Letter of Paul to the Corinthians**

2 Corinthians 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

"At an acceptable time I have listened to you,  
and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The Word of the Lord.

***Thanks be to God.***

## The Gospel

Matthew 6:1-6, 16-21

*Gospeller*      The Holy Gospel of our Lord Jesus Christ according to Matthew  
*People*          ***Glory to you, Lord Christ.***

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

"So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

"And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

The Gospel of the Lord.

***Praise to you, Lord Christ.***

## Sermon

### Invitation to the Observance of a Holy Lent

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

*A moment of silent reflection will be kept*

### **Imposition of Ashes**

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. Amen.

*All wishing to be marked with ashes, please come forward*

### **Psalm 51** *(12:00noon spoken; 7:00pm chanted)*

Have mercy on me, O God, according to your loving-kindness;  
in your great compassion blot out my offenses.

Wash me through and through from my wickedness  
and cleanse me from my sin.

For I know my transgressions,  
and my sin is ever before me.

Against you only have I sinned  
and done what is evil in your sight.

And so you are justified when you speak  
and upright in your judgment.

Indeed, I have been wicked from my birth,  
a sinner from my mother's womb.

For behold, you look for truth deep within me,  
and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure;  
wash me, and I shall be clean indeed.

Make me hear of joy and gladness,  
that the body you have broken may rejoice.

Hide your face from my sins  
and blot out all my iniquities.

Create in me a clean heart, O God,  
and renew a right spirit within me.

Cast me not away from your presence  
and take not your holy Spirit from me.

Give me the joy of your saving help again  
and sustain me with your bountiful Spirit.

I shall teach your ways to the wicked,  
and sinners shall return to you.

Deliver me from death, O God,  
and my tongue shall sing of your righteousness,  
O God of my salvation.

Open my lips, O Lord,  
and my mouth shall proclaim your praise.

Had you desired it, I would have offered sacrifice;  
but you take no delight in burnt-offerings.

The sacrifice of God is a troubled spirit;  
a broken and contrite heart, O God, you will not despise.

### **Litany of Penitence**

*The Presider and People together (please kneel as you are able)*

***Most holy and merciful Father: We confess to you and to one another,  
and to the whole communion of saints in heaven and on earth,  
that we have sinned by our own fault in thought, word, and deed;  
by what we have done, and by what we have left undone.***

*The Presider continues*

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

***Have mercy on us, Lord.***

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

***Have mercy on us, Lord.***

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

***We confess to you, Lord.***

Our self-indulgent appetites and ways, and our exploitation of other people,

***We confess to you, Lord.***

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

***We confess to you, Lord.***

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,  
***We confess to you, Lord.***

Our negligence in prayer and worship, and our failure to commend the faith that is in us,  
***We confess to you, Lord.***

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,  
***Accept our repentance, Lord.***

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,  
***Accept our repentance, Lord.***

For our waste and pollution of your creation, and our lack of concern for those who come after us,  
***Accept our repentance, Lord.***

Restore us, good Lord, and let your anger depart from us;  
***Favorably hear us, for your mercy is great.***

Accomplish in us the work of your salvation,  
***That we may show forth your glory in the world.***

By the cross and passion of your Son our Lord,  
***Bring us with all your saints to the joy of his resurrection.***

*Presider* Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

***Amen.***

## **The Peace**

*Presider* The peace of the Lord be always with you.

*People* ***And also with you.***

## Anthem (7pm)



1. We rise a - gain from ash - es, from the  
2. We of - fer you our fail - ures, we  
3. Then rise a - gain from ash - es, let  
4. & Thanks be to the Fa - ther, who

good we've failed to do. We rise a - gain from  
of - fer you at - tempts, The gifts not ful - ly  
heal - ing come to pain, Though spring has turned to  
made us like him - self. Thanks be to the

ash - es, to cre - ate our - selves a - new. If  
giv - en, the dreams not ful - ly dreamt. Give our  
win - ter, and sun - shine turned to rain. The  
Son, who saved us by his death.

all our world is ash - es, then must our lives be true, An  
stum - bl - ings di - rec - tion, give our vi - sions wid - er view, An  
rain we'll use for grow - ing, and cre - ate the world a - new From an  
Thanks be to the Spir - it, who cre - ates the world a - new From an

of - fer - ing of ash - es, an of - fer - ing to you.  
of - fer - ing of ash - es, an of - fer - ing to you.  
of - fer - ing of ash - es, an of - fer - ing to you.  
of - fer - ing of ash - es, an of - fer - ing to you.

## The Great Thanksgiving

Presider The Lord be with you.

People **And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

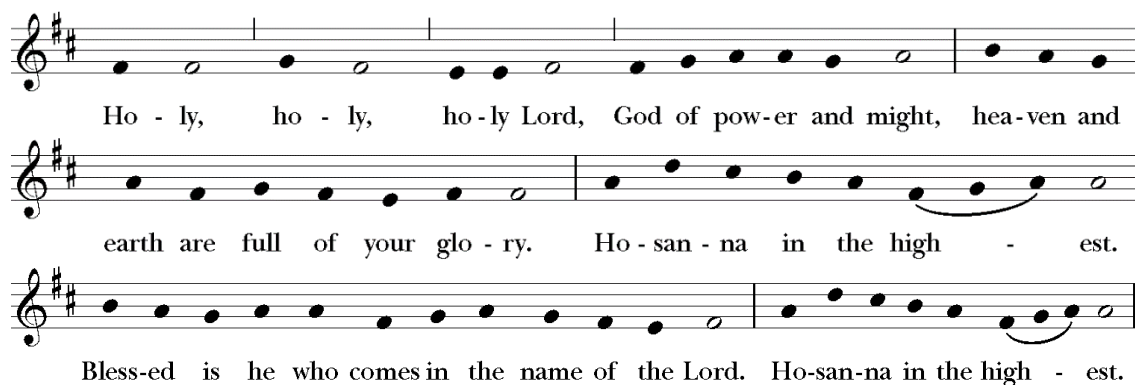
**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



(12Noon spoken; 7pm sung)

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**



The image shows three staves of musical notation in G major (one sharp) and 4/4 time. The melody is simple and hymn-like. The lyrics are written below the notes. The first staff contains the first line of the hymn, the second staff contains the second line, and the third staff contains the third line. The music ends with a double bar line.

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

***Christ has died.***

***Christ is risen.***

***Christ will come again***

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

***Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.***

### **The Breaking of the Bread**

*Presider* Christ our Passover is sacrificed for us;  
*People* ***therefore let us keep the feast.***

*Presider* Lamb of God, who takes away the sins of the world,  
*People* ***have mercy upon us.***

*Presider* Lamb of God, who takes away the sins of the world,  
*People* ***have mercy upon us.***

*Presider* Lamb of God, who takes away the sins of the world,  
*People* ***grant us your peace.***

*Presider* The Gifts of God for the People of God

### **Communion**

#### **Prayer After Communion**

*Presider* Let us pray

*People* ***Eternal God, heavenly Father,  
you have graciously accepted us as living members of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food in the Sacrament of his Body and Blood.  
Send us now into the world in peace, and grant us strength and courage  
to love and serve you with gladness and singleness of heart;  
through Christ our Lord. Amen.***

## The Blessing

*Presider* Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; And the blessing of God Almighty, the Father, the Son and the Holy Spirit, be upon you, and remain with you always. **Amen.**

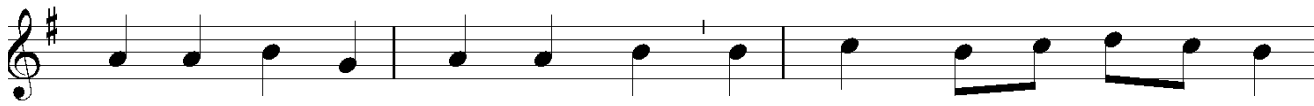
## Closing Hymn

*The Glory of These Forty Days*

Hymnal #143, vs. 1,2,4,5



The glo - ry of these for - ty days we  
A - lone and fast - ing Mo - ses saw the  
Then grant us, Lord, like them to be full  
O Fa - ther, Son, and Spi - rit blest, to



ce - le - brate with songs of praise; for Christ, through whom all  
lov - ing God who gave the law; and to E - li - jah,  
oft in fast and prayer with thee; our spi - rits strength - en  
thee be ev - ery prayer ad - dressed, who art in three - fold



things were made, him - self has fast - ed and has prayed.  
fast - ing, came the steeds and char - i - ots of flame.  
with thy grace, and give us joy to see thy face.  
Name a - dored, from age to age, the on - ly Lord.

## The Dismissal

*Presider* Let us go forth in the name of Christ.

*People* **Thanks be to God.**

## Liturgical Ministers

<b>Presider/Preacher</b>	Rev. Roger Haenke
<b>Reader/Prayers</b>	Bob Dunn, noon Alice Burnham, David Naranjo, 7pm
<b>Psalmist/Vocalists</b>	St. John's Choir: Jeff Bates, Tom Brzeczek, Alice Burnham, Pamela Brittain, Denise Eddleman, Jane Ferguson, Larry and Lucy Ferguson, Ted Garcia, Joe and Maria Love, Marge Moore, Chelsey Nyaradi, Nancy Painter and Leslie Parker
<b>Organist</b>	Cheryl Seppala
<b>Acolytes</b>	Scott Bricknell, Malia Attaway, Lynn Naranjo Marge Moore
<b>Ushers</b>	David Dennehy, noon
<b>Eucharistic Minister</b>	Iris Atkins, Debbie Lothspeich, Celia Vasquez

## St. John's Mission Statement

St. John's is a Christian community that intentionally gathers to experience God's love through Episcopal worship, education, fellowship, and ministry to the wider community.

## St. John's Prayer Lists

*Today and every day include some time for prayer, for yourself,  
for your church family, and for those in need.*

## For Our Military

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield, Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield, Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner, Matt Hernandez, Daniel Getreu, Devon Strunk, Taylor Harrold, Jorge Zuazua, Sebastian Morales, Roberto Chavez, Ryan Lothspeich, Andrew C. Dugger, Dan and Chelsey Nyaradi, and Gen. G.J. Heinrich.

## For Strength in Time of Need

Steve Magill, Gary and Shirley McCarren, Ann Lindshield, the McClure family, Josey Felts, Barb Oliveira, Heather Wallace, Linda Longoria-Neff, Celia Vasquez, Helen McGrath, Ann Rogers, Kurth Barnes, Tyler Anderson, Oscar Morales and Hugo Burchartz.

*(Names are kept on the Prayers List for 4 weeks and should be submitted by Wednesday.  
If you wish to add a name, please email Maria Love at: [maria@saint-johns.org](mailto:maria@saint-johns.org).)*