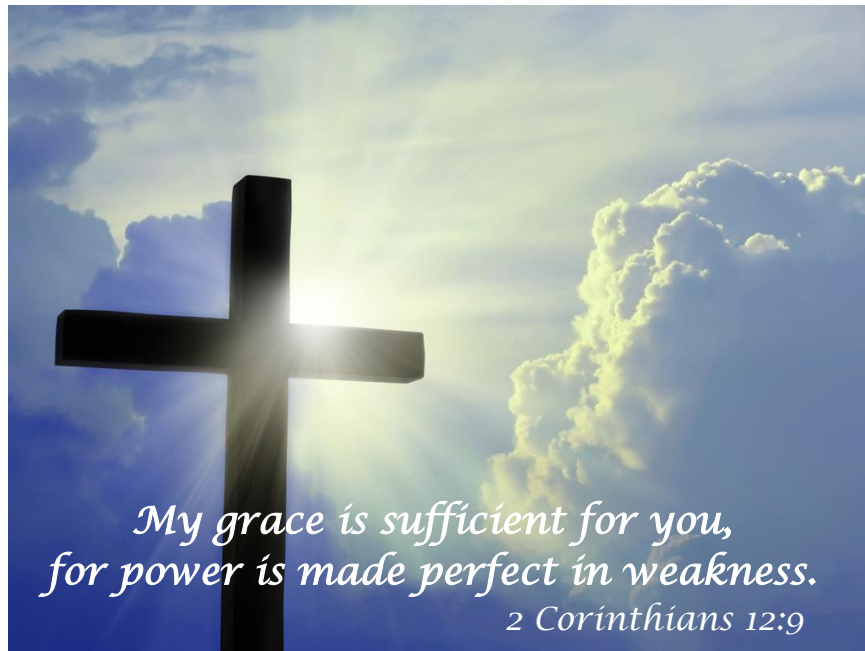


Welcome to
St. John's Episcopal Church
Chula Vista, CA

Seventh Sunday after Pentecost

July 7, 2024
9:00 am



***No matter who you are or where you are on your spiritual journey,
you are welcome here***

Lighting of Altar Candles

Prelude

Welcome

Processional Hymn

How Firm a Foundation

Hymnal 636

How firm a foun - da - tion, ye saints of the Lord,
“Fear not, I am with thee; O be not dis - mayed!
“The soul that to Je - sus hath fled for re - pose,
is laid for your faith in his ex - cel - lent word!
For I am thy God, and will still give thee aid;
I will not, I will not de - sert to its foes;
What more can he say than to you he hath said,
I'll strength - en thee, help thee, and cause thee to stand,
that soul, though all hell shall en - deav - or to shake,
to you that for ref - uge to Je - sus have fled?
up - held by my right - eous, om - ni - po - tent hand.
I'll nev - er, no, nev - er, no, nev - er for - sake.”

Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People ***And blessed be God's kingdom, now and forever. Amen***

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

The Collect of the Day

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from the Book of the Prophet Ezekiel

Ezekiel 2:1-5

The Lord said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord God." Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

The Word of the Lord.

Thanks be to God.

Psalm 123 *Ad te levavi oculos meos*

To you I lift up my eyes,
to you enthroned in the heavens.

As the eyes of servants look to the hand of their masters,
and the eyes of a maid to the hand of her mistress,

So our eyes look to the Lord our God,
until he show us his mercy.

Have mercy upon us, O Lord, have mercy,
for we have had more than enough of contempt,

Too much of the scorn of the indolent rich,
and of the derision of the proud.

A Reading from the Second Letter of Paul to the Corinthians

2 Corinthians 12:2-10

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations.

Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, "My grace is sufficient for you, for power is made perfect in weakness."

So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The Word of the Lord.

Thanks be to God.

Gradual *Spirit of the Living God*

The musical score is written in G major, 4/4 time, and consists of five staves. The lyrics are: "Spir - it of the liv - ing God, fall a - fresh on me. —" (first two staves), "Spir - it of the liv - ing God, fall a - fresh on me. —" (third staff), "Melt me. Mold me. Fill me. Use me. —" (fourth staff), and "Spir - it of the liv - ing God, fall a - fresh on me." (fifth staff). The score includes various musical notations such as treble clefs, time signatures, and dynamic markings like *rit.* and *a tempo*.

The Gospel

Mark 6:1-13

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark
People **Glory to you, Lord Christ.**

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics.

He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

The Gospel of the Lord.
Praise to you, Lord Christ.

Sermon

The Nicene Creed

*We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

The Prayers of the People

Celebrant Let us pray for the Church and for the world.

Father, we pray for your holy catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

For those who risk their lives to ensure our freedom, to heal, protect, comfort, and keep us safe,

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders, medical professionals, essential workers and their families. Defend them day by day with your heavenly grace; strengthen them in their trials and challenges; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.

Celebrant Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. ***Amen.***

The Confession

Celebrant Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

The Peace

Celebrant The peace of the Lord be always with you.

People ***And also with you.***

Birthday, Anniversary and Traveler Prayers

The Offertory

Your generous offering helps us to continue the mission and ministry of the parish.

You may give here or online by using the "Give Now" button on our St. John's website: www.saint-johns.org

Offertory Anthem

Doxology



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him a - bove, ye heav'nly host: Praise Father, Son, and Ho - ly Ghost. A-men.

The Great Thanksgiving

Celebrant The Lord be with you.

People ***And also with you.***

Lift up your hearts.

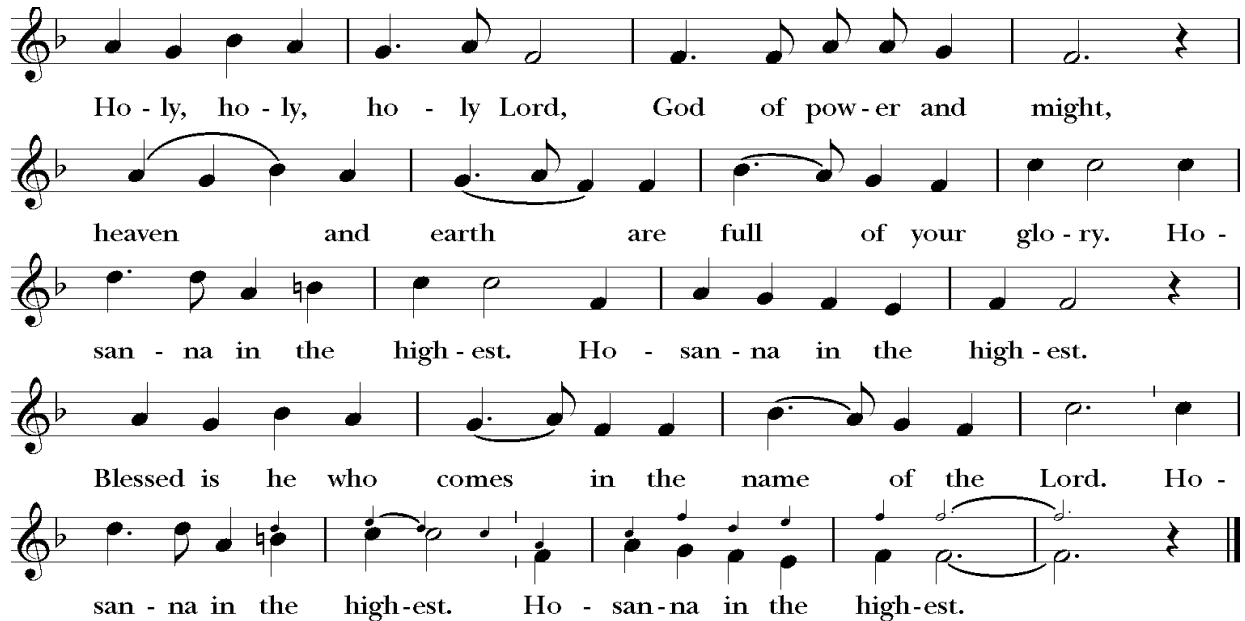
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

***We remember his death,
We proclaim his resurrection,
We await his coming in glory;***

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. John and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

***Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.***

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

Celebrant The Gifts of God for the People of God

Communion

Spiritual Communion

I invite all who are watching our liturgy online to receive Christ spiritually. Let us pray together:

Lord Jesus, we believe that you are truly present in the Blessed Sacrament. We are grateful to know there are many ways to experience your presence, but in whatever way we do, we know you come into our hearts, minds and souls. Unite my heart with those of my family of faith gathered to celebrate the great meal of thanksgiving and make us all one with you. May this spiritual communion strengthen my faith and grant me confidence in your loving care now and forever. Amen.

Prayer After Communion

Celebrant Let us pray

People ***Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.***

The Blessing

Celebrant The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord. ***Amen.***

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. ***Amen.***

The Dismissal

Celebrant Let us go forth into the world, rejoicing in the power of the Spirit.

People ***Thanks be to God.***

Recessional Hymn

Spread, O Spread Thou Mighty Word

Hymnal 530



1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,
2 word of how the Fa - ther's will made the world, and keeps it, still;
3 word of how the Sa - vior's love earth's sore bur - den doth re - move;
4 word of how the Spi - rit came bring - ing peace in Je - sus' name;
5 Word of life, most pure and strong, word for which the na - tions long,



1 that to earth's re - mot - est bound all may heed the joy - ful sound;
2 how his on - ly Son he gave, earth from sin and death to save;
3 how for - ev - er, in its need, through his death the world is freed;
4 how his nev - er - fail - ing love guides us on to heaven a - bove.
5 spread a - broad, un - til from night all the world a - wakes to light.

Postlude

Liturgical Ministers

Celebrant/Preacher	Rev. Roger Haenke
Reader/Prayers	Helena Livingston, Jim Lindshield
Psalmist/Vocalists	St. John's Choir: Jeff Bates, Tom Brzeczek, Bob Dunn, Alice Burnham, Pamela Brittain, Denise Eddleman, Jane Ferguson, Ted Garcia, Don Lamar, Joe and Maria Love, Marge Moore, Chelsey Nyaradi, Nancy Painter, Leslie Parker, Tom Welch
Organist	Cheryl Seppala
Acolytes	Scott Bricknell, Marge Moore, Malia Attaway, Lynn Naranjo
Ushers	Gregg and Elizabeth King
Eucharistic Ministers	Iris Atkins, Debbie Lothspeich, Alex Valdez-Ber
Livestream	Cliff Berkowitz, Jamie Attaway

Altar Flowers

The altar flowers are given by Bob Dunn in memory of Norma Dunn.

St. John's Prayer Lists

*Today and every day include some time for prayer, for yourself,
for your church family, and for those in need.*

For Our Military

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield, Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield, Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner, Matt Hernandez, Daniel Getreu, Devon Strunk, Taylor Harrold, Jorge Zuazua, Sebastian Morales, Roberto Chavez, Ryan Lothspeich, Andrew C. Dugger, Dan and Chelsey Nyaradi, Gen. G.C. Heinrich, Pedro Bonilla, and Patrick King.

For Strength in Time of Need

Steve Magill, Gary and Shirley McCarren, the McClure family, Alec Hauer, Barbara Oliveira, Linda Longoria-Neff, Ann and Bill Rogers, Karen Polk, Bob Milam, Jesse Brittain, James Kellogg Burnham III, Marcia Morris, Mike Gollihur, Denise Eddleman, Dan Muwazi, Rosemarie Vilorio, and Pamela Brittain.

*(Names are kept on the Prayers List for 4 weeks and should be submitted by Wednesday.
If you wish to add a name, please email Maria Love at: info@saint-johns.org.)*

St. John's Mission Statement

St. John's is a Christian community that intentionally gathers to experience God's love through Episcopal worship, education, fellowship, and ministry to the wider community.

St. John's Clergy

The Rev. Roger Haenke, *Rector*

St. John's Vestry

Lynn Young, *Senior Warden*

208-695-7735

lynnyoung2786@gmail.com

Jeff Bates, *Junior Warden*

206-579-9435

jefbates@icloud.com

Bob Dunn, *Treasurer*

Diane Gustafson, *Clerk/Secretary*

Pamela Brittain

Tom Brzeczek

Alice Burnham

Bill Cheney

David Dennehy

Alejandra Valdez-Ber



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